



## Spiritual Care for Girls at New Life Children's Center

New Life is the most appropriate name to describe both the facility and the spiritual care program at Upbring's New Life Children's Center. New Life provides a place for girls ages 11–17 to heal from significant trauma caused by abuse or neglect.

The healing gives girls a chance to:

- ▶ Recover from abuse;
- ▶ Learn skills to manage their responses to trauma;
- ▶ Provide individualized and specialized education to get back on track with their education; and

- ▶ Leave with a chance to build a new life.

New Life Children's Center is Texas' only facility able to accept girls into an intensive psychiatric treatment program, meaning that New Life is the essential stopgap for girls with significant trauma whose next step is either being psychiatrically hospitalized or put into juvenile detention.

During their average stay of nine months, girls are given the option to explore their faith in a safe, structured environment, which is

a key component in the holistic healing every girl at New Life deserves. The spiritual care program is a unique, principal component of New Life's services. The program is led by Mark Lara, who provides space for girls to experience a faith journey built on experiencing God in many ways. This may include Bible studies, participating in local youth groups, vacation Bible schools, journaling, gardening or even church camps.

The LWML Texas District mission grant of \$20,000 will provide funding to pay ministry expenses; and purchase Bibles and Bible studies as well as gardening and art therapy materials.

Pictured is the New Life Children's Center chapel.



### 2024-26 MITE GOAL: \$403,000

Mites received through Sept. 30: \$80,847  
(\$322,152.51 still needed)

Mission Grants paid through Sept. 30: \$52,907  
(\$248,657 balance to be paid)

#### SEND YOUR MITE OFFERINGS

along with a remittance form to:

LWML Texas District  
Attn: Alissa Elley, Financial Secretary  
P.O. Box 183  
Seguin, TX 78156