

LWML *Texas* District

August 28, 2023

Meditation

Procrastination

Have you seen those anti-motivational posters? They have a beautiful background and then say an un-inspirational quote like, “Don’t put off today, what you can put off until tomorrow,” or “procrastinators unite...tomorrow.”

If your days are anything like mine, they can be quite unpredictable. Frequently, minor emergencies or inconveniences will arise without warning, blowing my beautifully planned days out of the water by 8:30 a.m. Often there are non-negotiable items that must be completed by a specific deadline, but other things pop up making you choose between important tasks.

What happens when we procrastinate? How does procrastination impact our spiritual life? Do you become anxious because you haven’t accomplished something? Do you worry or lose sleep because of the self-induced stress?

Casting all your anxieties on him, because he cares for you. Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour (1 Peter 5:7–8).

What if our anxieties are the result of our lack of timely action? Can we cast even that on the shoulders of our Savior? Christ came for all our sins, not just the “big things.”

Therefore, stay awake, for you do not know on what day your Lord is coming. But know this, that if the master of the house had known in what part of the night the thief was coming, he would have stayed awake and would not have let his house be broken into. Therefore, you also must be ready, for the Son of Man is coming at an hour you do not expect (Matthew 24:42–44).

God has given us work to accomplish before His return. Imagine the joy and peace that would result if we managed to stay focused on the work that He has called us to do.

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