

# LWML *Texas* District

October 9, 2023

Meditation

## Deep Roots

How deep are your spiritual roots?

Throughout the summer and early fall, we have witnessed an extensive drought causing leaves to drop as early as July from a lack of water. Yet, somehow many have survived without the luxury of rain falling beautifully from the sky. How have they done it? In many cases, it is because they have extremely deep roots. The roots go down further and further until they have reached a consistent water source.

Did you know the deepest roots in the world are 400 feet deep? This extraordinary feat is recorded as belonging to a wild fig tree in South Africa. Young trees, which do not yet have the deep roots required to survive a parched Texas summer, have died in quick fashion. Their roots could not support them during the drought around them.

When we think about our faith, how deep are your roots? What has a drought looked like in your own life? Was it a time when God felt silent? Or was it when there was a hardship within your family or in your health? You may be in a season of drought right now. On the other hand, maybe you are experiencing a time of revival and rich healthy nourishment.

How do we establish healthy roots in Christ? Healthy habits such as being in God's Word, engaging in Christian fellowship, consistency in genuine worship, and a growing prayer life, all contribute to our spiritual health. We have this encouragement, *Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving* (Colossians 2:6–7).

What about thanksgiving? Are you praising God for His steadfastness and reliability, even amid the drought? We have this amazing promise, *"Blessed is the man who trusts in the LORD, whose trust is the LORD. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit"* (Jeremiah 17:7–8).

May your faith be strengthened as you continue to seek after the Lord, even in times of drought.

Scripture quotations are from the ESV® Bible (The Holy Bible, English Standard Version®), Copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved.

Deep Roots

Written by Kayla Winkler

Published by Lutheran Women's Missionary League Texas District  
Christian Life Committee, 2023