

LWML *Texas* District

July 31, 2023

Meditation

Alaskan Water

It sure is hot outside! Nothing seems to quench a thirst on a hot day like a glass of ice-cold water.

On a trip to Alaska, a man asked the native people where he could find ice to cool his drink. The community members laughed saying, “maybe there is some left up on the top of that hill in the shade over there.” Later the man discovered that hill was the bottom of a mountain, with snow melting from the top. The water flowing beside the ice was barely warmer than the ice itself. And the water was definitely cleaner than the ice.

A little further downstream the children were playing in the stream. It was 40-degree water and they were jumping around in it as though it was a warm pool.

When Jesus speaks to the Samaritan woman at the well, He calls himself the living water. *Jesus said to her, “Everyone who drinks of this water will be thirsty again, but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life”* (John 4:13–14).

It would be incredible if we were able to rest and play in the presence of Jesus like the children in the Alaskan village. Knowing Jesus so perfectly we could embrace His love completely. Next time you are thirsty, think about what a blessing it is to know the Living Water, Jesus.

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