

LWML *Texas* District

June 26, 2023

Meditation

Vacation Mode

As summer is underway, many people with children are traveling. They excitedly plan trips to get away from the mundane. They plan adventures in hopes they will make memories as a family. Often while on vacation, people will do things they wouldn't dare do at home. Sometimes it's things like bungee jumping or dressing in a crazy way. Maybe it's even leaving the hotel without makeup. Some fitness experts claim while on vacation it is important to stick to the basics of healthy eating and exercise, "to not throw all the good stuff out the window."

What happens to your faith life while you travel? Do you find more or less time to spend with God in His Word? Do you worship in a new and unexpected way while away from home, or do you let St. Mattress win the day?

God doesn't take vacations, but He does go with us on ours. In 1 Kings 18, Elijah mocks the prophets of Baal saying that Baal must be relieving himself or on a journey. We know the true God promises to never leave or forsake us. *It is the LORD who goes before you. He will be with you; he will not leave you or forsake you. Do not fear or be dismayed* (Deuteronomy 31:8). *Continue steadfastly in prayer, being watchful in it with thanksgiving* (Colossians 4:2).

We can be in prayer and watchful against evil even when we are far from home. It is a blessing to know we are truly never alone, and while we rest, which is a gift from God, we can still be in His presence enjoying the abundant love of our heavenly Father.

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*Published by Lutheran Women's Missionary League Texas District
Christian Life Committee, 2023*