

# LWML *Texas* District

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Meditation

## Delight Full

The air is crisp. The sun is shining. It's a bright and beautiful day. One could even say it is a delightful day. Delight is defined as a verb means to please greatly or as a noun it means great pleasure.

*Delight yourself in the LORD, and he will give you the desires of your heart* (Psalm 37:4). We like to focus on the second half of the verse where it deals with us getting the desires of our hearts. However, the key to this verse is delighting in the Lord. Finding pleasure in the Lord. He has created each thing in our lives, each sunrise, sunset, cloud, breath, and breeze.

It is easy to see His glory in creation when in a rural or natural area such as on a hike or a country drive. Sometimes amid the chaos of city life or traffic or simply the noise of this world we miss it. We miss the delightful things around us. We miss the beauty of our Heavenly Father's creation and plan for us.

How do we delight in the Lord? How do we rise each day? Are we filled with awe or with dread? Do we see each forgiven sin as an opportunity to seek after God again, or do we see it as a new pox mark on our flesh reminding us of our failures?

My grandmother seemingly had a sign in every room of her home that said "a day hemmed in prayer is less likely to unravel." Maybe that could be a cue to us, prayer leading our delight in the Lord. The daily ongoing conversations with the Creator of the Universe, the Savior of the World, the Great Counselor.

Delighting in the Lord can also come from being in His Word, reading His love letter to us, and being reminded of the amazing things God has done. The ultimate sacrifice given for us to be His children, through the life, death, and resurrection of Jesus. We no longer must fear the grave!

We can be full of delight for our awe-inspiring God and His love for us.

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