

Charging Your Battery

By: Abby Faske

"Can I play on your phone?" This is a question that if you probably get asked frequently if you are around children. As you glance at your battery you see that you have 80%, more than enough charge to let the child play games on your phone. As you get your phone back you start using it yourself. You get on the phone with you're an old friend and catch up. As you are doing that you are texting back and forth with your significant other to figure out the menu for tonight's dinner. You are also responding back to some important work emails that have to be taken care of today. If that isn't enough you are checking your social media websites to catch up on your friends' latest news. As you start to put in an address in your GPS you glance and see that your once 80% battery is now at 1%. 1%!!!! You rush to find your charger and a power source because let's face it, life without a cellphone nowadays is very complicated. Does this sound like any of y'all's days?

Once you plug in the charge and hear the ding and see that little green battery you take a breath of relief because now you are "safe." I think that this is a great example of our faith. Our faith is like our Spiritual Battery. As we go through our daily lives different problems arise that try to test our faith and weaken our spiritual battery. Just like our cellphone, we need to rush and charge our battery from the ultimate power source, the bible. Especially with today's technology, carrying our bible is easier than ever. The best part is that whenever our daily problems start draining our spiritual battery, we can find comfort in the bible. Let's see...

Are you feeling upset? Read Ephesians 4:26-27 "Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil."

How about anxious about an upcoming decision? Try reading Proverbs 3:5-6 "Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight."

Maybe you are struggling to forgive someone...try reading Matthew 6:14 "For if you forgive men when they sin against you, your heavenly father will also forgive you."

These are just a few problems that we may deal with on a daily basis. However, there are some days where everything is overwhelming and you feel like you are sinking. You know the kind of day I am talking about...You have a project due at work, your car has broken down and your husband is nowhere around, you woke up 10 minutes late and you have just spilt coffee down the front of your shirt. You are starting to feel like Alexander because you are having a Terrible, Horrible, No Good Very Bad day. It is those days that you need to find a verse or a passage that you can use as your spiritual reset button. It took me a while to find mine, but I finally did. My reset button is Luke 1:37 "For nothing is impossible with God." I heard this verse during a sermon. This verse stuck with me and I have used it on many occasions. I

actually have it posted in my bathroom by my mirror. It is my extra umph I need in the mornings. When I read this verse all of the feelings of being overwhelmed and discouraged seem to disappear. I have learned to let go (which if you know me is hard for me to do) and let God. This weekend I hope that you get the charge that your spiritual battery needs before you reach that dreaded 1% red battery.

Dear Father,

I come to you in awe of these ladies and this wonderful organization. I pray that you will help these ladies "charge" their spiritual battery so they may carry out your plans. As our daily problem drain our battery lead us towards the ultimate power source to find comfort and renew our faith. Lord, bless these ladies in only ways that you can do. Amen.

