

Enhancing Your Enthusiasm

Anyone can be enthusiastic when everything is going right. But the person who can **remain** enthusiastic all of the time is the person who will step out ahead and have plenty of striking power to get things done! **Anyone** can be enthusiastic **all** of the time. The word enthusiasm means, "The God in You." Here are thirteen ways to stay enthusiastic all the time.

1. Make up your mind. Things happen when you make up your mind!
2. Don't save enthusiasm for special occasions - every day is special!
3. Know you are learning—by reading, using new methods, taking courses, exploring, experimenting. Be on the hunt for new ideas.
4. Hear your own voice. Make your voice say that you are enthusiastic. Make your voice your ally. Become aware of its power!
5. Associate with enthusiastic people. Make a list of them now!
6. Add variety to your life: mental variety, places, hobbies, work around home. Mental and physical variety will keep you growing, interesting and enthusiastic!
7. Make definite plans. Cut a slice off the future. Think about it, write it out; carry it in your pocket. Do something about your plans. Talk about them to positive people only!
8. Think you are someone. Put a high value on you. "I am just as good as the other person, but not better!"
9. Wear neat and attractive clothes that make you feel good about yourself. You will walk better, feel better and be more enthusiastic.
10. Do one thing at a time. Harness all of that enthusiasm on one thing. You can do many things in a day but only one at a time.
11. Feel strongly on some subject. Have definite feelings. Don't always say, "I don't know." You can be tolerant and still have definite feelings. Call on a little enthusiasm.
12. Make people like you. Give them appreciation and praise. Make them believe in you. Be conscious of people.
13. Believe in God. Want Him. Need Him. Think about Him. Talk to Him like you talk to a close friend. This will help you be enthusiastic when everything seems wrong.

